

# COUNSELOR'S CORNER

VOLUME 1, ISSUE 1

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## WELCOME BACK WOLVES!

Welcome to the 2014-2015 school year 8th grade! I am Ms. Woods, your 8th grade counselor. I work with an incredible team of teachers in providing the best educational experience for 8th grade students. I work to help students grow academically, socially, and emotionally through a variety of strategies and services.

This year, students will have the opportunity to participate in age-appropriate discussions through individual counseling, small groups and classroom guidance activities. This year is a big year in middle school.



Towards the end of February students will begin learning about high school.

Please keep in mind that recommendations for high school courses will be made based on first semester grades. Please go to my website

[woodsrtms.weebly.com](http://woodsrtms.weebly.com) and read over the course requirements from last year. Though these requirements may change, looking over them will give you a better understanding of what the high schools are looking for. Working hard from the beginning will pay off in the end.

## YOU CAN SEE THE COUNSELOR FOR:

- *Finding resources for those that are homeless or those having financial difficulties*
- *Classroom concerns*
- *Bullying*
- *Peer pressure*
- *Difficult decisions*
- *Managing feelings*
- *Death/loss*
- *Study skills*
- *Friendship concerns*
- *New situations*
- *Resolving conflict*
- *Happy occasions*
- *Improving academic success*
- *Adjusting to a new school*
- *Help setting goals and making plans*
- *College questions*
- *Getting organized*
- *ANYTHING!*

## HOW TO SEE THE COUNSELOR

If a student would like to see their counselor, they would need permission from their teacher to come to the counseling suite. If the counselor is available they will meet immediately. If the counselor is

not available the student should get a counselor request slip from the waiting area and place it in the box on their counselor's door. The counselor will come get the student.

If a parent would like to see the counselor, please call or email. Please let the counselor know the nature of the request and the information you require.

## CONFIDENTIALITY

All personal information that is shared with your counselor is confidential UNLESS it involves someone harming themselves or others AND/OR abuse or neglect. In those causes, I have to get my team and parents/guardians involved to help.

## GLOSSARY OF SCHOOL COUNSELING SERVICES



**Individual counseling** helps students explore their concerns, make appropriate plans of action, and be successful in following through with their plans.

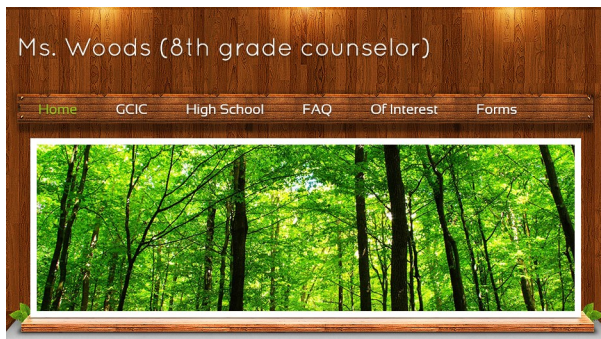
**Group Counseling** allows students to share ideas about specific issues and help one another use these ideas to resolve their concerns.

**Classroom Guidance** helps the student learn specific information about themselves and their development in a classroom setting.

**Referrals** help students and their families receive assistance for other programs and services.

**Consultation/ Collaborations** give counselors, parents, teachers, and administrators the opportunity to work together and advocate for students.

## 8TH GRADE COUNSELING WEBSITE



Woodsrtms.weebly.com will be my major form of communication with you. This website will be especially helpful during the high school process next semester.

Right now the site is full of information giving to last

year's class. Go through and get an idea of what's to come!



River Trail Middle School students will be using the Georgia Career Information Center (GCIC) website to explore careers, plan for high school and college, and learn more about themselves. Gcic.peachnet.edu is a one stop shop where students can take career assessments, search colleges in Georgia and nationwide, learn more about financial aid and much more.

In the 8th grade, students will create a Four Year Plan. This is a way for students to understand Georgia's graduation requirements, as well as begin to think of electives they wish to take in high school. **This plan is in no way their schedule for the next four years.** This plan is flexible and can change. When a student has completed their plan they will bring it home to review with parents/guardians. I will be working with each students' classrooms to assist them in exploring GCIC this year.

### CONTACT INFORMATION

**Email:**  
woodsrtms@fultonschools.org

**Phone:**  
770-497-3860 ext.129

**Website:**  
Woodsrtms.weebly.com

Emails will be answered during school hours Monday-Friday. Please allow 1 business day for a response.